

Extending Your Practice

Worksheet - Chapter 10



“Be really whole
And all things will come
to you.”

– Lao-Tzu

Keynotes, Workshops,
Leadership Programs

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Phase 1: Explore (Visionary) Select two of the following questions to answer:

What is the purpose of your life?

Who are you (when you're not doing anything)?

What do you want to be remembered for at your funeral?

What is the greatest good you could offer to the world?

What ultimate mission do you want to accomplish in your lifetime?

What really matters and how do you live that?

Phase 2: Focus (Driver)

Given this big picture, what's most important right now?

Phase 3: Plan (Organizer)

What pattern(s) would help you move in this direction?

What can you do?

Phase 4: Engage (Collaborator)

Who can help? (make it fun, hold you accountable)